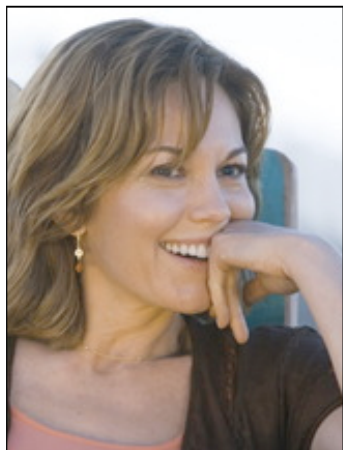


Inside



■ Movies this week: 'Nights in Rodanthe' (above), 'Igor' and 'Ghost Town'

B4

Education

Spouse Tuition Assistance Program (STAP) — Spouses of active-duty Air Force members may be eligible for STAP funds to go to college.

Applications will be accepted from Nov. 17 through Dec. 8 for classes with a term start date of January, February or March 2009. Applications are available in Rm. 103 of Hangar 2 or online at www2.hickam.af.mil/units/15mssaafrf/index.asp under Air Force Aid Society. For more information, contact the Force Development Flight at 15mss.dpe@hickam.af.mil.

Community College of the Air Force office to move — Effective Wednesday, CCAF will be located at Gunter Annex instead of Maxwell AFB. All college transcripts being sent to CCAF for evaluation need to be sent to CCAF/DFRS, 100 South Turner Rd., Gunter Annex, AL 36114. CCAF will still be shut down through Nov. 11 due to the move. Questions can be directed to Timothy Smith with the Hickam Education Office at timothy.smith2@hickam.af.mil.

AECP Commissioning applicants — Individuals applying for the Feb 2009 AECP program need to contact Ali Scanlon with the Force Development Flight at 449-6363, ext. 228, or at Alisha.scanlon@hickam.af.mil by Nov. 21 to set up an appointment for the initial package review. AECP details can be found at <http://www.au.af.mil/au/holmcenter/>.

Commissioning briefing — A commissioning briefing is scheduled for next Friday, at 1 p. m. in Hangar 2, Room 126. This is the starting point for active duty enlisted AF members interested in becoming a commissioned Air Force officer. For more information or to sign up for the briefing contact the Force Development Flight via e-mail 15mss.dpe@hickam.af.mil or call 449-6363. Plan approximately 1.5 hours for the briefing. Note: Next Friday's briefing will be the last in 2008, as the December monthly briefing has been canceled.

Troops to Teachers presentation — A local representative will be available in Hangar 2, Room 102 next Thursday, at 11:30 a.m. No appointment is required; however, allocate approximately 1.5 hours for the presentation. For more information, call the Force Development Flight at 449-6363.

See EDUCATION, B5



Team Hickam enjoys three days of family fun in the sun

More than 17,000 Team Hickam members took in last weekend's Hickam Carnival, enjoying the E.K. Fernandez rides, on food, live music, acrobats and trapeze artists, face painting and more — all with a Halloween flair. Even better, over the three nights and two days of the carnival, 15th Services Squadron took in \$50,000 in scrip sales, the proceeds of which will go toward programs, activities and facilities improvements for Hickam Airmen and their families. Meanwhile, John Stanchfield, 15 SVS marketing director, said Hickam can expect another multi-day family event in the form of February's Mahalo Madness Day as part of Services' Customer Appreciation Week.

Hickam celebrates Arbor Day today

By Ann Wharton
Hickam Community Housing

In celebration of Arbor Day, 15th Airlift Wing and for the second year in a row, Actus Lend Lease and Hickam Community Housing (HCH) are teaming up with 15th Airlift Wing leaders to celebrate Arbor Day on Hickam with a tree-planting ceremony planned for today at 10 a.m. in HCH's Onizuka neighborhood.

"This event is a wonderful opportunity for us to work with our Air Force partners on a project that is important to our own company's sustainability goals," said HCH Project Director David Falls.



Photo by Staff Sgt. Erin Smith

Mokuele students (from left) Jordan Mangosong, Jaimee Domingo, Cheyenne Lawes, and Lindsay Peace break ground to plant a tree at the Arbor Day festivities held at Vickers Street two years ago. Today at 10 a.m., more than 50 young Hickam Community Housing residents will participate in a similar effort on base.

"I invite all our families to join us."

Mr. Falls added that more than 50 children who reside in HCH communities will plant two dozen kukui, kou and shower trees in HCH's Earhart neighborhood.

Along with the tree-planting effort, Jacqueline Rayla from Tree City USA will join Mr. Falls and wing leaders in welcoming attendees to the event.

Mr. Falls noted that Hickam Air Force Base is one of just four locations in Hawaii to attain Tree City USA status, and has maintained this elite designation for 10 years.

For details, call Mladena Yankova at 853-3758.

What is Arbor Day?

Arbor Day is a national observance that encourages tree planting and care. J. Sterling Morton, a nature lover from Detroit who moved with his wife to then-treeless Nebraska, founded the observance in 1872.

The Tree City USA program provides direction, technical assistance, public attention, and national recognition for urban and community forestry programs in thousands of towns and cities. More than 120 million people live in a Tree City USA.

By Dr. Philip Breeze
15th Airlift Wing
Public Affairs chief

As Veterans Day approaches, it is fitting we should remember that when our warriors deploy the thoughts and cares of us all go with them.

Warrior of the Week Staff Sgt. Melvin Morena, 15th Medical Support Squadron, serves as a good example of this philosophy.

The high school history buff grew up in a military family and says he is intrigued by the capacity for kindness shown by some conquering armies throughout history. He notes, for example, the tolerance of the Ottoman Turks for other religions being practiced in vanquished lands.

So it is little wonder, then, that he has followed in his family's military footsteps, or that he has chosen a profession of care

WARRIOR of the week



and support within the military.

"I wanted to be able to work with a diverse group of people who share a common goal," he said of his decision to join the Air Force. And for him, that goal is one of helping others, according to Lt. Col. Curt Prichard, 15 MDSS commander.

"Whether it's getting medical supplies and pharmaceuticals to the point of care in the clinic, or palletizing one of our large contingency platforms for deployment, Staff Sgt. Morena is always in the forefront, lead-

See WARRIOR ON B5

Photo by Dr. Philip Breeze

A history buff, Staff Sgt. Melvin Morena, 15th Medical Support Squadron, chose a profession where he provides care and support for the military.

Inside SERVICES

Tonight's Warrior Friday salutes Thanksgiving

Tonight's Warrior Friday at the Hickam Officers' Club kicks off the month with a Thanksgiving theme, including great food, music and beverage specials out on the O' Club Lanai starting at 4:30 p.m. For details, call 448-4608.

E' Club holds pre-Veterans Day celebration on Monday

In anticipation of the Veterans Day holiday, the Hickam Enlisted Club will play host to its famous Pre-Holiday Celebration, Monday starting at 9 p.m. Three great DJs will be spinning your favorite tunes until the wee hours of the morning. This is a free event for club members (non-members pay \$7). The Club will be closed on Tuesday. For more information, call 448-2271.

Free UFC 91 pay-per-view next Saturday at the E' Club

The Ultimate Fighting Championship 91 — featuring Couture vs. Lesner — will be aired at the Hickam Enlisted Club's J.R. Rockers next Saturday, Nov. 15, with doors opening at 4 p.m. This pay-per-view event is free to club members (non-members pay \$10). Come out for a night of excitement, food and fun. For more information, call 448-2271.

Youth Programs soccer enrollment closes Nov. 12

Enroll your young athletes in the Youth Programs Winter

Soccer Clinics through Wednesday. The clinics will be held Nov. 17-22, with youth born from 1994-2004 eligible to participate. The clinics are based on age groups and cost is \$50 for Youth Programs members, \$55 for non-members. For details, call 448-4492.

Pro Bowl ticket vouchers are on sale now at ITT

The 2009 NFL Pro Bowl tickets are now on sale at the Hickam Information, Tickets & Travel office in Bldg. 1760 on Kuntz Avenue. The tickets are sold on a first-come-first-served basis (only reservation vouchers will be on sale with actual tickets being provided at a later date). Ticket prices: sideline seating is \$130 per ticket, end zone \$55 each. Log on to www.hickamservices.com for details or call ITT at 448-2295.

Make plans now for Thanksgiving at Hickam's Officers and Enlisted clubs

Tickets for the Club's Thanksgiving Buffets or Turkey Take-Out are now on sale. Tickets are available at both the Hickam Officers and Enlisted clubs. Take the stress out of your Thanksgiving feast plans with this traditional club

offer. For more information or to make reservations (required), call 448-2271 (Enlisted Club) or 448-4608 (Officers Club).

Superferry salutes military with great deals to Maui

Get a buy-one-get-one-free deal and \$39 one-way fares to Maui for those servicemembers with valid military ID cards. Offer good with round-trip purchase and passengers must travel at the same time. Free fare does not include taxes and fees, and some restrictions apply. Special offer valid for travel booked and traveled by Dec. 15. Rates subject to change, offer only available from the Hickam ITT Office. For details, call 448-2295.

Youth basketball registration continues through Nov. 14

Hickam Youth Sports Basketball registration continues at the Youth Sports & Fitness Center (Bldg. 1399) through next Friday for youth born between 1994 and 2004. Cost is \$65 for Youth Programs member/\$70 for non-members. A current physical and copy of birth certificate must be turned in at the time of registration. For details, call 448-4492.

Go bottom fishing with Outdoor Rec next Saturday

Outdoor Recreation wants you to go bottom fishing next Saturday off Hickam Harbor. If you know fish, then you know

what good eating bottom fish are. The boat leaves at 8:30 a.m., so don't miss out. For more information or to reserve your place, call 449-5215.

Kenny Hill's Comedy Jam at the E' Club next Saturday

If you're looking for a night of laughs, be at the Hickam Enlisted Club next Saturday night. The Jam begins at 8 p.m. and promises to be an evening of non-stop entertainment. Pre-event tickets are on sale at the E' Club Customer Service counter. For details, call 448-2271.

All-ranks club member appreciation night set for next Friday at the O' Club

Next Friday, Hickam Club Members are invited to their own special night — Member Appreciation Night — at the Hickam Officers Club. This is an all-ranks membership event from 5-7 p.m. with good music, food and drinks on the famous O' Club Lanai. For more information, call 448-4608.

ITT offers Vegas in the spring — with NASCAR to boot!

NASCAR lovers rejoice! ITT's Sprint Car Race Tour in Las Vegas — scheduled for Feb. 27 through March 2 — is waiting for you to sign up. Las Vegas in early spring is perfect for a car race at the Vegas Motor Club Speedway and, besides — you're in Las Vegas! The ITT tour package includes round-trip airfare, three nights lodging at the Luxor Hotel & Casino, motor coach transport to and from the Speedway, and tickets for the race. Deadline for final signup is Jan. 15, so start saving now! For more information, call ITT at 448-2295.

Great holiday shopping next weekend at...



33rd Annual Hickam Fall Craft Fair & Family Fun Day

Sat., Nov. 15 - 9 a.m. - 3 p.m.
Hickam Arts & Crafts Center

Crafts for Sale, Food, Kid's stuff, Entertainment, Dog Show, Prizes!

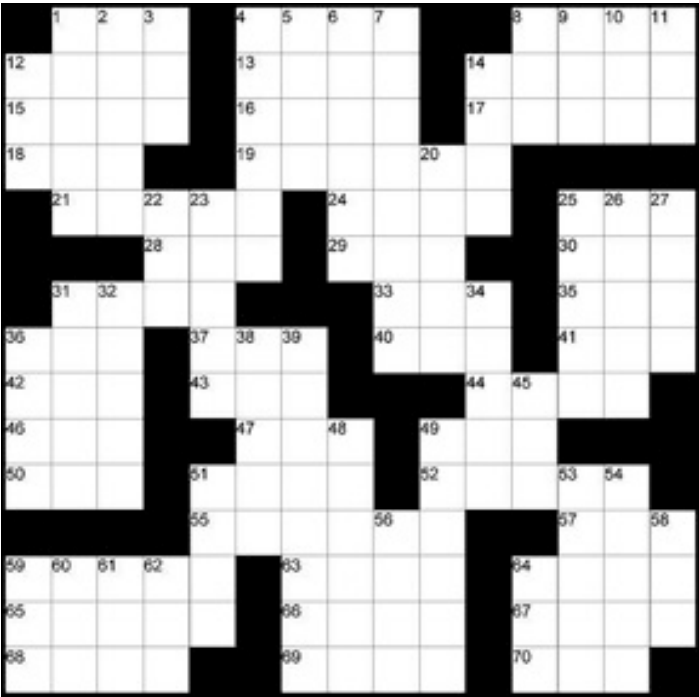
Event open to public via Kuntz Avenue gate only.



HICKAM AFB
SERVICES
Combat Support & Community Service

Call 448-9907
for details.

Crossword Puzzle: Happy Birthday, USMC



By Capt. Tony Wickman
71st Flying Training Wing

ACROSS

- 1. Place of battle for US Marines
- 4. Legislate
- 8. Pant band
- 12. Buck
- 13. SECSTATE Dr. Condoleezza ____
- 14. General Michael W. ____; 33rd Commandant of the Marine Corps
- 15. Fad
- 16. Cheese type
- 17. Pushed
- 18. Everything
- 19. Far East small boat
- 21. Minimal
- 24. Bother
- 25. Prone
- 28. ____ Jima; WWII battle site represented by USMC memorial

- 29. Annoy
- 30. Gen. ____ Eaker; USAAC/USAF icon
- 31. Christian ____; Batman actor
- 33. Marine slogan: The ____ The Marines
- 35. Male offspring
- 36. Dolphin great Marino
- 37. Part of USAF Total Force
- 40. Fury
- 41. Carry
- 42. Dept. USMC is a part
- 43. Cycle and angle prefix
- 44. Caused fear
- 46. Dined
- 47. ____-CIO union
- 49. Rd or St equal
- 50. Superman’s arch-nemesis Luther
- 51. Scandinavian capital
- 52. Bird homes
- 55. Medicine used when some-one is poisoned
- 57. Charged particle

- 59. ____ Dog; nickname given to Marines
- 63. 70s show during Korean War
- 64. Sad
- 65. Nickname for E-3 Sentry
- 66. Music part
- 67. Took a break
- 68. Sgt Maj Daniel J. ____; 1 of 2 Marines to receive MoH twice
- 69. Close
- 70. Oklahoma town

DOWN

- 1. Delay
- 2. Part of the USMC emblem
- 3. Iron or Bronze
- 4. Quickly
- 5. Opera
- 6. Shrimp dish
- 7. USMC motto
- 8. Prohibit
- 9. ____ on; encourage
- 10. Confederate general
- 11. “The Splendid Splinter” ____ Williams; USMC pilot
- 12. USAF E-4
- 14. Pvt Martin ____; USMC MoH recipient during Boxer Rebellion
- 20. Person who queries another
- 22. Is sickly
- 23. Blood, ____ and Tears
- 25. Walkway
- 26. With 33 ACROSS
- 27. Astronaut’s beverage?
- 31. Moisten while cooking
- 32. Seize
- 34. Braid
- 36. Twofold
- 38. Clutch

- 39. Every Marine is one
- 45. Director Craven
- 48. Spot
- 49. Part of USMC emblem
- 51. Lubricants
- 53. Covered or furnished with piece of baked clay
- 54. John Philip ____; USMC iconic bandsman
- 56. Hollywood dog
- 58. Tool to capture butterflies
- 59. Father
- 60. ____ Mataya Laurance; Billiards champion and broadcaster
- 61. Top Gun actor Kilmer
- 62. Slick
- 64. Bikini part

See SOLUTIONS, B4

SUDOKU

For solution, see SUDOKU, B4

		4		8				
6			2					8
	9		5			6	7	
5		2					6	
			3		5			
	6					8		3
	2	6			8		3	
4					7			2
				9		4		

Team Hickam History

The Air Force’s most historic airfield

November 10, 1899 — By presidential order, the Territory of Hawaii cedes land to the U.S. along the eastern shore of Honolulu Harbor in order to establish a “naval reservation.” The first U.S. naval station was established there in 1900.

November 11, 1922 — Wheeler Field, now known as Wheeler AFB, is dedicated and named in memory of Major Sheldon H. Wheeler, former Commander of Luke Field, who died in a plane crash at Luke on 13 July 1921.

November 13, 1937 — Four sets of Hickam Field’s double-hangars — No. 3 & 5, No. 7 & 9, No. 11 & 13, and No. 15 & 17 — are completed at a cost of \$292,606.13 per double-hangar.

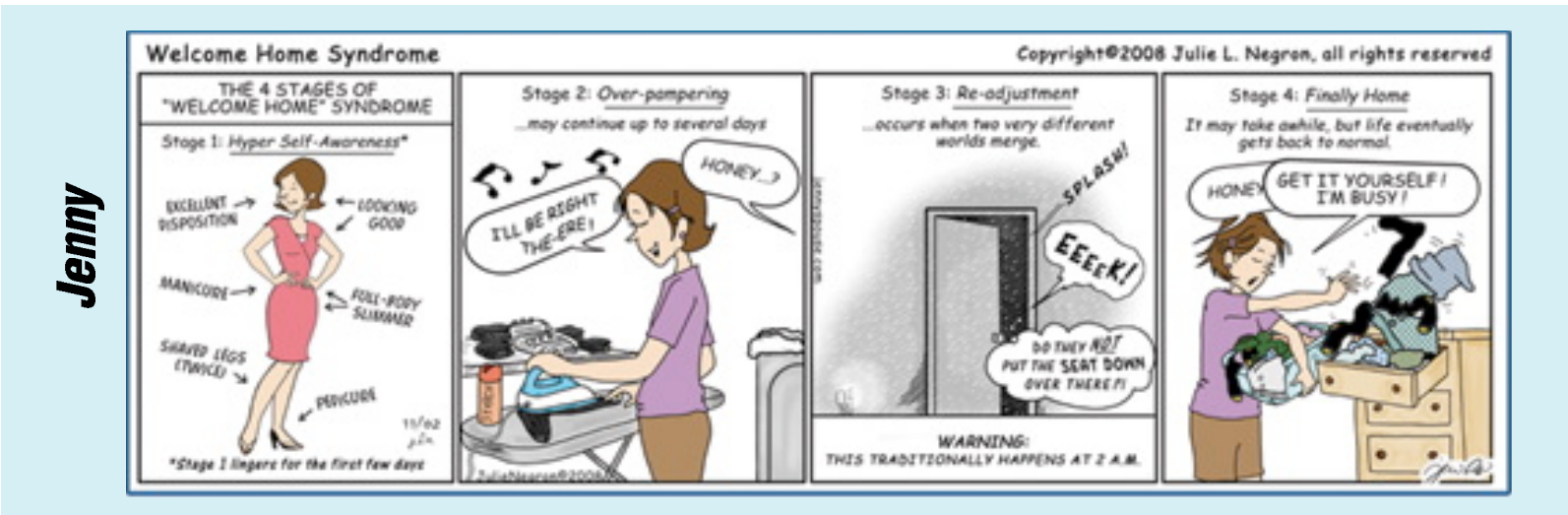
November 8, 1985 — Their Royal Highnesses The Prince and Princess of Wales arrive at Hickam, spend the day in Hawaii, then leave the same evening from Hickam AFB, pro-

ceeding to Washington, D.C., on their four-day formal visit to the United States.

November 13, 1985 — Zhao Ziyang, Premier of the People’s Republic of China, arrives at Hickam en route to the PRC following a visit to Washington D.C.

November 8, 1997 — Between Oct. 12 and Nov. 4, 18 C-17 missions airlift 21 MiG-29 fighters, missiles and maintenance equipment from the former Soviet Republic of Moldova to Wright-Patterson Air Force Base, Ohio, in Operation Pivot Sail. Loadmasters and aerial port experts squeezed two MiGs apiece, sans wings and tails, into the cargo holds of Globemasters from Charleston Air Force Base, S.C. The United States acquired the MiGs under the Cooperative Threat Reduction Act of 1993, which gave the Department of Defense broad authority to eliminate weapons of the former Soviet Union.





RELIGIOUS OPPORTUNITIES

For more information on Base Chapel services , call the Chapel Center at 449-1754.

CATHOLIC

Nelles Chapel
Weekday Mass
Mon.-Thu.,
11:30 a.m.
Saturday Confessions
4:15 p.m.
Saturday Vigil Mass
5 p.m.
Chapel Center
Sunday Mass 10:30 a.m.

PROTESTANT

Chapel Center
Sunday
Contemporary Service
8:30 a.m.
Nelles Chapel
Traditional/Liturgical
Service 8:30 a.m.
Gospel Service
10:30 a.m.

RELIGIOUS EDUCATION

(Catholic) Chapel Center
Sunday (Sep-May) 9:00 a.m.
(Protestant) Chapel Center
Sunday (Sep-May) AWANA
3:00 p.m.
Wednesday Sunday School
Dinner 4:45 p.m.
Wednesday Sunday School
Classes 6:00 p.m

THE GATHERING PLACE

Airmen's Dorm Coffeehouse
King Hall First Floor
Dayroom – Bldg. 1856 - All
Airmen welcome!
Mon.-Thu. 6-10 p.m.
Fri.-Sat. 6-11 p.m.
Free gourmet espresso, cappuccinos, Italian sodas
Video games, internet,

movies and more
To Volunteer, call the
Hickam Chapel Center at
449-1754

OTHER RELIGIOUS OPPORTUNITIES

Jewish
Buddhist
Orthodox
Islamic

SOLUTIONS,

From B3

S	E	A	P	A	S	S	B	E	L	T		
S	T	A	G	R	I	C	E	H	A	G	E	
R	A	G	E	E	D	A	M	U	R	G	E	
A	L	L	S	A	M	P	A	N				
L	E	A	S	T	P	E	S	T	A	P	T	
		I	W	O	I	R	K		I	R	A	
B	A	L	E		F	E	W		S	O	N	
D	A	N	A	G	R	I	R	E		L	U	G
U	S	N	T	R	I		A	W	E			
A	T	E		A	F	L	A	V	E			
L	E	X		O	S	L	O	N	E	S	T	
D	E	V	I	L	M	A	S	H	B	L	U	E
A	W	A	C	S	A	L	T	O	R	E	S	T
D	A	L	Y		N	E	A	R	A	D	A	

SUDOKU,

From B3

7	1	4	9	8	6	3	2	5
6	5	3	2	7	1	9	4	8
2	9	8	5	4	3	6	7	1
5	3	2	8	1	9	7	6	4
8	4	7	3	6	5	2	1	9
1	6	9	7	2	4	8	5	3
9	2	6	4	5	8	1	3	7
4	8	1	6	3	7	5	9	2
3	7	5	1	9	2	4	8	6

AT THE MOVIES

Memorial Theater 448-2297 • CLOSED Monday and Tuesday

Friday, 6 p.m.; Saturday and Thursday, 7 p.m.

‘Igor’ — Igor is sick of being a lowly lab assistant with a ‘yes- masters’ degree and dreams of becoming a scientist himself. When his cruel master kicks the bucket a week before the annual Evil Science Fair, Igor finally gets his chance. With the help of two of his experimental creations — Brain and Scamper — Igor embarks on building the most evil invention of all time. Instead of turning out evil, the monster turns out as Eva, a giant aspiring actress who wouldn’t hurt a fly. Just when the load on his back can’t get any heavier, Igor and his band of monstrous misfits uncover an evil plot that threatens their world. Now, they must fight to save it. Starring the voices of John Cusack and Mylene Klass.

Rated PG for thematic elements, scary images, action and mild language. Length: 86 min.

Friday, 8:30 p.m.; Wednesday, 7 p.m.

‘Nights in Rodanthe’ — When Adrienne Willis retreats to the tiny coastal town of Rodanthe to tend to a friend’s inn for the weekend, she hopes to find the tranquility she so desperately needs to rethink the conflicts surrounding her — a wayward husband who has asked to come home, and a teen-aged daughter who resents her every decision. Almost as soon as Adrienne gets to Rodanthe, a major storm is forecast and a guest named Dr. Paul Flanner arrives. The only guest at the inn, Flanner is not on a weekend escape but rather is there to face his own crisis of conscience. Now, with the storm closing in, the two tum to each other for comfort and, in one magical weekend, set in motion a life-changing romance that will resonate throughout the rest of their lives. Starring Diane Lane and Richard Gere.

Rated PG-13 for sensuality. Length: 92 min.

Sunday, 4 p.m.

‘Ghost Town’ — Bertram Pincus is a man whose people skills leave much to be desired. When Pincus dies unexpectedly, but is miraculously revived after seven minutes, he wakes up to discover that he now has the annoying ability to see ghost. Even worse, they all want something from him, particularly Frank Herlihy, who pesters him into breaking up the impending marriage of his widow, Gwen. Starring Ricky Gervais and Greg Kinnear.

Rated PG-13 for strong language, sexual humor and drug references. Length: 102 min.

‘Red Ribbon’ display targets drug abuse



Rory Calhoun (right), Supervisory Drug Testing Program specialist, talks with Master Sgt. Clinton J. Deeley, Pacific Air Forces Command and Control Inspections superintendent, about Red Ribbon Week, a Department of Defense anti-drug effort, at his display outside the BX last Friday. Hickam’s Red Ribbon Week Campaign is an integral part of the Drug Demand Reduction (DDR) Program’s year-round focus on prevention education activities and programs. The Red Ribbon Campaign is designed to encourage healthy, drug-free, and violence-free lifestyles and serves as a symbol of awareness, a sign that we choose to strive for drug-free lives. The campaign recognizes and encourages Army, Navy, Air Force, Marine and National Guard programs across the country that have made an impact on their communities to combat drug, alcohol and tobacco use.

Photo by Jeff Nicolay

WARRIOR, From B1

ing the team effort,” said the colonel.

That dedication to getting the job done is something Sergeant Morena credits a previous supervisor with instilling in him.

“Master Sgt. Jayme Jackson drilled it into my head that self-motivation and attitude are critical to success in any situation,” said the sergeant. “If I ever said I could not do something, his response was always, ‘Not with that attitude.’”

Asked what one thing he

would change about the Air Force, Sergeant Morena said he would require all junior enlisted members to take college courses.

“I feel that a lot of the challenges the military faces become challenges because our junior Airmen lack the critical thinking skills a college education gives you,” he said.

In an effort to prepare himself for the challenges his military career may present, Sergeant Morena has been taking both CCAF courses

and courses at Hawaii Pacific University. He said he expects to finish his CCAF degree in December, and to receive his bachelor’s degree in business management from HPU early next year.

His dedication and education are not lost on his supervisors.

“His leadership skills are above his rank ... he is one of the best,” said Master Sgt. Lyndon Paloma, NCOIC of the medical logistics flight. “I’ve been waiting for one like him for quite a while.”

Education

Continued from B1

Professional Military Education testing — Individuals enrolled in voluntary PME Course 12 or 14, SOS, ACSC, or AWC can contact the Force Development Flight at 15mss.dpe@hickam.af.mil to schedule their exams. Testing is available on Tuesdays and Wednesdays by appointment only. Provide your name, SSN (at least the last four numbers), PME type and requested test date in the e-mail.



HICKAM
Kukini
Supporting the Air Force Community in Hawaii

www2.hickam.af.mil/wingpa/news



Exercise: vertical crunch
Muscle group: abdominals



START

Execution: Begin with back on the floor (spine in neutral position) and legs extended straight up in the air, crossed at ankles and knees slightly bent. Hands can be crossed at the chest or held next to the ears. Contract abs and lift upper body up toward the feet exhaling throughout. Feel your belly button push down to the floor as you lift up. Hold at the top for two counts, then slowly release down to the start position, inhaling throughout.

(Note: legs can also be bent over a stability ball to help maintain a neutral spine)



FINISH

Instructions: Sharon Steggerda (certified personal trainer)
Model: Sharon Steggerda (certified personal trainer)
Photos: Benny Miguel, Hickam Fitness Center fitness director